

Regular Fees

Individual Counseling or Coaching - 60 minutes	\$130
Couple, family, relationship session - 60 minutes	\$130
Couple, family, relationship session - 90 minutes	\$180
Group session - 2 hour	\$55
Group session - 2.25 and 2.5 hour	\$60

If you would like to seek medical insurance reimbursement for individual counseling sessions only, I will provide you with a detailed receipt at the end of each month with the necessary information to submit a claim. Please know that in order for your sessions to be reimbursed by medical insurance, you must provide paperwork that includes a mental health diagnosis. Couple, family, group, and coaching sessions facilitated by me are not insurance reimbursable.

Discounted Fees

For sessions paid out-of-pocket and requiring no paperwork or diagnostics (individual, relationship, coaching) I offer the following discounted fees based on gross household income (the amount that you and anyone with whom you share income and expenses earn before taxes). Any session that will be paid for by a third party, including Health Reimbursement and Flexible Spending programs, are charged at the regular fees above.

	<u>Yearly</u>	<u>Monthly</u>	<u>Fee per 60 minute session</u>
Over	\$72,000	6,000	\$130
up to	\$72,000	6,000	\$125
up to	\$60,000	5,000	\$120
up to	\$48,000	4,000	\$115
up to	\$38,400	3,200	\$110
up to	\$28,800	2,400	\$105

Phone consultation & email contact for purposes other than routine scheduling are charged on a pro-rated basis in increments of 15 minutes.

This includes time I may be required to spend, or which you request me to spend, speaking to legal council and/or testifying in legal matters involving you.